

BLUEBERRY COOKIES



Blueberry Cookies is an indica-dominant hybrid created by crossing Blueberry Tahoe and Thin Mint GSC (f.k.a. Girl Scout Cookies). This strain's unique flavor is a mixture of roasted nuts, mint, and fresh blueberries, while the bouquet provides an earthier, berry-forward aroma. Blueberry Cookies tends to hit the consumer in the body with mid-level sedative effects that are relaxing without being cumbersome. The mental state is often heady and creative, offering a distraction from stress. Blueberry Cookies is often recommended for consumers contending with chronic pain, inflammation, and depression.

Blueberry Cookies Cannabis Strain Grow Info

Blueberry Cookies' parentage includes a few of those lucky strains that can actually perform exceptionally well *outdoors*. This means that Blueberry Cookies itself is a great strain to try and grow outside. The only thing you need to watch out for is excess moisture.

Like many other marijuana strains, Blueberry Cookies can become susceptible to the dreaded powder mold that occurs as a result of too much moisture in the air. So, if you live in an unusually humid climate, you might find it better to try and grow your Blueberry Cookies indoors.

As with many indicas or indica-leaning hybrids, Blueberry Cookies has a tendency to grow quite bushy, which is only a good thing for its final yield. Make sure you are regularly topping it by snipping off the very top of the plant growth, as well as tethering it to a trellis to encourage the correct growth pattern.

These pruning methods are great for making sure you get the very largest harvest possible. One other step you can use to increase yield is to snip off the very bottom branches, as they can prove a drain on the limited resources of your budding Blueberry Cookies plant.

Once you have finally harvested it, make sure you get it into the dehydrator, or at the very least in an exceptionally dry room in the sun, as quickly as possible. If you let it sit out too long after harvesting, it can quickly begin to rot. Additionally, you will lose out on some of the wonderful colors and aromas that make this strain so famous – despite what many people think, most of that complexity is all in the drying.

So, now that you have harvested it, just how strong can you expect your Blueberry Cookies to be?

Medical Benefits of Blueberry Cookies Cannabis Strain

For those with any kind of experience with indica-leaning strains, you can probably predict what kind of medicinal benefits Blueberry Cookies will provide.

Like most indicas, Blueberry Cookies is excellent at helping deal with excessive amounts of stress, as well as other significant mental disorders. Additionally, thanks to its high THC content, Blueberry Cookies is excellent at helping deal with issues with chronic pain.

Though this strain doesn't cause an immediate knock out effect, it is still a great one to take if you have trouble sleeping, simply due to the relaxation you will feel. If you struggle with managing to break that barrier that stops you from getting a good night's rest, then Blueberry Cookies will help relax you enough that you should sleep into blissful unconsciousness.

Funnily enough, Blueberry Cookies is also great at helping combat fatigue! By instilling you with oddly clear energy, Blueberry Cookies is excellent at assisting banish unwanted tiredness if you have taken it in the day, rather than after the sun sets. As long as you don't expect to be feeling sleepy anyway, this strain is great at helping keep you awake and, to a certain extent, active.

However, as with all great things in life, there are going to be a few side effects.

Possible Side Effects of Blueberry Cookies Cannabis Strain

When most people think of side effects, their minds go straight to horrible thoughts of serious medical complications or oddly unspecific pain that just can't be diagnosed.

However, with marijuana, it is nothing so serious. As with any and all indica marijuana strains, you can expect a high possibility of dry mouth and dry eyes to hit you a short while after first beginning to imbibe this potent strain. This is due to its high THC content, so try to keep a moist towel and a glass of water nearby to make it easier on you.

The only other really noticeable negative is the risk of dizziness that can help some people, so just make sure that, if it does happen to hit you, you can safely rest somewhere without banging your head on anything.